

Conflictology as an Important Tool in the Formation and Development of the Conflictological Culture of Future Medical Workers

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Abstract

This article shows that the field of conflictology or conflict resolution is one of the newly developing and developing fields of science, therefore, the theoretical foundations of the field of conflictology, its national characteristics, social identity, the relationship of conflicts with the life of society, the study of conflict solutions at several foreign universities Scientific-practical research centers and scientific-research methods aimed at learning, conflictology in general - opinions aimed at forming and developing the conflictological culture of future medical workers are described.

Keywords: conflict culture, future medical workers, conflict, conflict, clash, conflict, conflict, conflict situation, mental state, education level, mood, duration of conflict, conflict solutions.

A prosperous life begins with perfect education. It is known that education of the young generation has always been important and relevant. But in the 21st century we live in, this issue is really becoming a matter of life and death. It was not for nothing that sages said, "The more perfect the education, the happier the people." In order for the education to be perfect in the current unstable period, it is absolutely impossible to allow a gap to appear in this matter," said the Honorable President Shavkat Mirziyoyev.

In fact, in recent times, the excessive increase of various scientific, technical, spiritual, and economic

effects on people in modern societies, the increasing complexity of the way of life in modern societies have led to various conflict situations that people may face. is also increasing.

It is a pity that today, instead of trying to help the people around them, urging them to be patient and restrained, while keeping calm in various situations, there are those who do inappropriate things with their inappropriate words and actions. There are also people who spread various baseless lies and rumors and create unnecessary panic among the population.

Therefore, life is full of conflicts. It is impossible to imagine a person's way of life in society without various conflicts. One can face various disputes and conflicts throughout life, at any age, in any place, in any situation. Conflicts can occur at home, at school, on the street, between patients, between parents and children, between an employee and his management, and between team members. Conflicts usually occur in situations where people spend a lot of time together, that is, when they spend a long time with each other and in mental communication, when they are forced to be together for a certain period of time. more happens.

No one can consider himself permanently protected from conflicts. Because conflicts sometimes arise out of nowhere and can completely change a person's way of life. Conflict is an integral part of every person's life, and no person can confidently say that he is "guaranteed" from conflicts. Each of us gets into conflict situations from our childhood and we look for ways and methods to get out of these situations. From this point of view, conflict is a social phenomenon. Because it covers events and incidents related to the daily life of most people, and the development of the conflict may harm the peaceful and harmonious way of life between each person, close relatives, and the work team.

As we grow up, conflict events and events increase their power and influence. But do we know what the conflict is?! Do we always behave appropriately when faced with a conflict situation? Does conflict threaten our lives? What is the internal nature of the conflict? How to get rid of the conflict, that is, how to get out of it? What are the rules of conflict? Is it possible to eliminate the factors that develop the conflict in advance? Can a person learn to live without conflicts?! - questions surround our whole body.

Conflictology or the field of conflict resolution is one of the emerging and developing fields of science. Therefore, many researchers are interested in the theoretical foundations of the field of conflictology, its national characteristics, social identity, the relationship of conflicts with the life of society, interpersonal conflicts, legal aspects of conflicts, conflicts in the labor team. It can be seen that conflictology has many internal directions. The study of conflictological moods and characteristics helps to prevent the origin of crises in society and social conflicts. However, there are not many studies in this field, and in the preparation of this article, we relied on known sources in English, Russian and Uzbek languages on the basics of conflictology.

Scientific and practical research centers focused on the study of conflict solutions operate at several

US universities. The Center for Peace Education Research, established in Miami, is one such organization. The "Center for Conflict Studies" also operates under the Institute of Sociology of the Russian Academy of Sciences. These centers are mainly engaged in the development of measures to prevent conflict situations.

What is the conflict itself? The term "conflict" is considered the first equivalent of the concept of "dispute". What are these learning objects? The science that studies the origins, causes and consequences of conflicts is "Conflictology", which means the Latin word "conflictus" - conflict, "logia" - doctrine. Therefore, Conflictology is the teaching of conflict, that is, the science of conflict.

The subject of pedagogical conflictology is the general laws on the occurrence, development and completion of conflicts. The subject of conflict interaction is an individual or a group of people. Conflict is an open clash of conflicting interests and attitudes. Finding a solution to the conflict is a set of knowledge and skills to eliminate the conflict situation and correct the relations that it has created. Conflict is a natural phenomenon.

Conflict is normal. Because the conflict is something that belongs to our life and our life. But according to the traditional opinion of most people, conflict is not a simple situation, it is a conflict situation, it is necessary to protect oneself from it, it is necessary to withdraw oneself from it, one should "avoid" conflict. We have been taught from childhood to refrain from interpersonal and family conflicts. In the face of conflict, there are many cases of fear of conflict. From childhood, we are taught to withdraw from conflict situations, not to be "quarrelsome", to withdraw from people who caused conflicts and participated in them.

Conflict is equated in our national mentality with situations and situations that are not "good". We prefer no conflict to one. We rate the conflict as the "worst" period in our life. The skills of living away from it are deeply embedded in our thinking. Despite the fact that conflict is a reality of our daily lives, people often misinterpret it and are not trained to accept it "consciously". We try to analyze the conflict situation only when we find ourselves in a conflict situation. But our knowledge and skills are not always enough to get out of a conflict situation. Because we have little life experience in this regard and we have not acquired special knowledge on conflict resolution. Naturally, it is a mistake to say that every person understands conflicts, correctly understands their essence and can overcome them. In foreign countries, all senior and lower-level executives and business managers receive training on conflict resolution. It is impossible to operate and manage modern socio-economic systems without acquiring certain knowledge and skills on conflicts and their resolution.

Studying conflicts, understanding them scientifically, educating and bringing up experts who have modern knowledge on conflicts means keeping up with the times. This monograph has set goals and objectives for the study of conflictological moods and characteristics, the origin of crises in society and

the prevention of social conflicts.

The purpose of writing this article is to develop the conflictological culture of future medical workers, to arm them with knowledge of the basics of modern pedagogical conflictology. At the same time, by providing young people with broad theoretical and practical knowledge about conflicts in life, creating a foundation for young people's participation in society as independent and active citizens, in various natural social, economic, spiritual and psychological interactions with other people. It consists in educating such qualities as humility, kindness, honesty, truthfulness, sincerity, conscientiousness, keeping one's word in one's mind, thinking and morals.

This article plays an important role in the formation and development of the conflict culture of medical workers who are going to prevent problematic situations. The occurrence of conflicts is a natural phenomenon. Therefore, the conflicts that occur in the process of education have their own characteristics, levels and stages of development, and limits. This monograph is of particular importance in the development of the conflictological culture of future medical workers. As a result of acquiring theoretical and practical knowledge of the profession within the field of conflictology, future medical workers will achieve positive results. Therefore, in such an environment, there is an opportunity to exchange opinions, compare personal opinions with the views expressed by others, make sure of their correctness and truthfulness, enrich existing knowledge, identify errors and shortcomings, and find ways to eliminate them. will be

In conclusion, it should be said that modern science and technology are developing at a rapid pace, and the weight of modern information technologies is increasing sharply, improving the experience of future medical workers is of great importance. If earlier a major discovery in a field of science was considered an event that took about fifteen years to be productive and hard to believe, now new discoveries are made in the field of science and technology every year, even every month. unknown new directions are emerging. People's desire for knowledge is growing immeasurably.

Any science, as a science, has its own research methods. Through these methods, it enriches and updates its content. In order to enrich and update the content of science, he studies the existing professional, pedagogical and psychological phenomena and processes, using research methods that correspond to his goals and tasks.

The following research methods are used in the implementation of scientific pedagogical research processes: observation, self-analysis, oral and written inquiry, questionnaires, test survey, business games, etc.

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